



# Coming to work in **AGRICULTURE** in **THE UK?** Here's what you need to know



## How do I get a seasonal worker visa?

- First, contact a licensed sponsor through one of their official channels such as their email or website. As of April 2026, there are five licensed sponsors - [Pro-Force](#), [Agri HR](#), [Concordia](#), [Fruitful Jobs](#) and [HOPS](#).
- A licensed sponsor will not charge you for their services. The maximum cost you should be asked to pay is £340 for the Seasonal Worker visa. Book your flights yourself. Beware of scam recruiters charging illegal fees.

## Before you travel, make sure you are given:

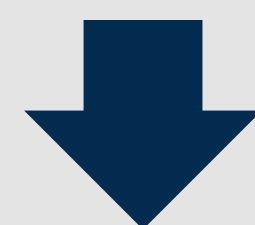
- 1** A contract with your sponsor
- 2** A contract with your employer/farm in a language you understand
- 3** A health insurance policy from your employer

## How can I transfer to another farm?

- You have a right to request a transfer to another farm. Explain in writing (or via your sponsor's online portal) why you need to be transferred.
- If your transfer is refused for a reason you don't agree with, appeal the decision. Make your appeal in writing, addressing the reasons it was declined. Include any evidence or documents.

## I need help - who can help me?

If you think there might be a problem at your work and you need help or advice, you can get free and confidential support from the organisations below.



**“IT'S VERY IMPORTANT THAT WE'RE NOT LEFT ALONE, MOST WORKERS ARE AFRAID TO TALK AND IT'S CRUCIAL THAT THERE'S SOMEONE WHO LISTENS TO OUR PROBLEMS.”- BEKZHAN, SEASONAL WORKER**

## What are my legal rights in the UK?

- You must be given 'payslips' which show your income, as well as taxes and other deductions.
- You are guaranteed 32 hours' paid work each week, on average.
- The minimum wage in the UK will be **£12.71/hour** from 1 April 2026.
- If you are off work due to injury or sickness, you have a right to sick pay. You have a right to **at least** free primary and emergency care.
- You are entitled to holiday pay. Any holidays you don't use should be paid to you.
- Your accommodation must be dry, warm, clean and safe. From 1 April 2026, the employer cannot deduct more than £11.10/day - £10.66 in Scotland - from your wages for this accommodation.

### England and Wales

- [Work Rights Centre](#) - support in employment and immigration law, in English, Russian & Ukrainian. (+44)07437 110951; [contact@workrightscentre.org](mailto:contact@workrightscentre.org)

### Scotland

- [Worker Support Centre](#) - independent advice, support and information in English, Russian & Kazakh. (+44)7869 602871 / Helpline (+44)0800 058 1633; [support@workersupportcentre.org.uk](mailto:support@workersupportcentre.org.uk)

### In Northern Ireland

- [Law Centre NI](#) - (in English) [admin@lawcentreni.org](mailto:admin@lawcentreni.org)

Report labour exploitation to the [Fair Work Agency](#) (government body) in English or Russian